

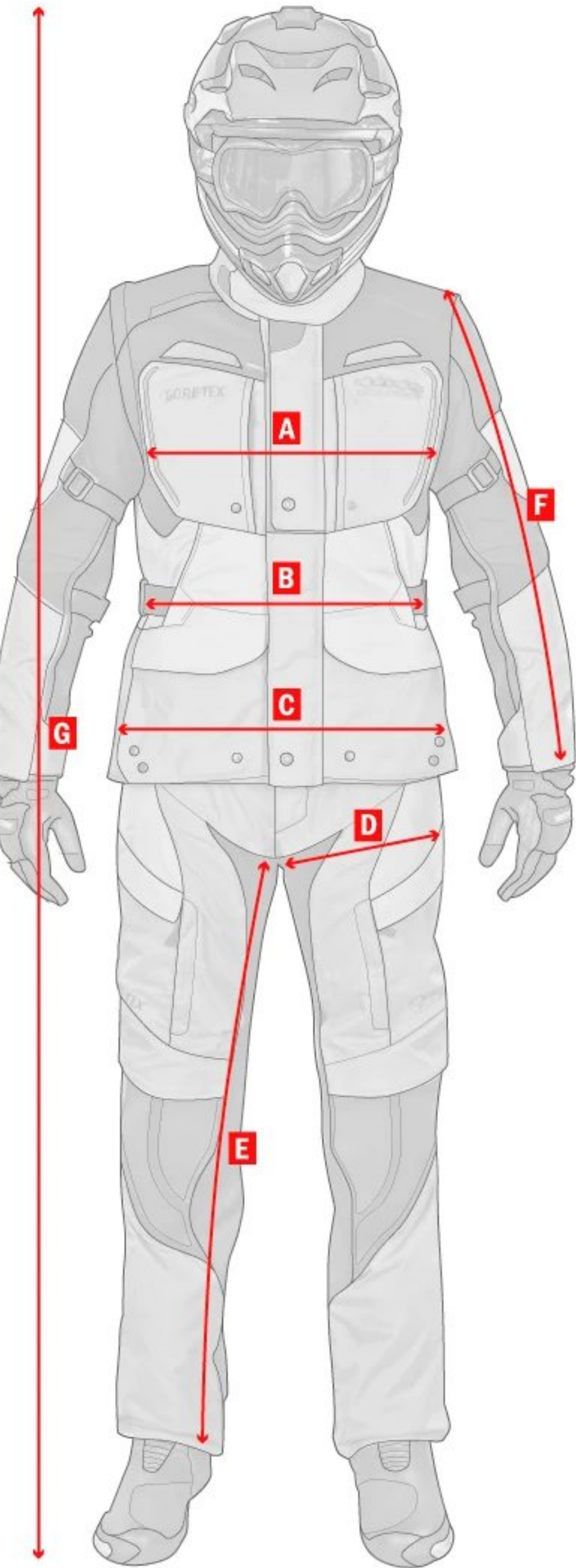
HOW TO MEASURE

- A Chest:**
Measure around the fullest part, under the armpits, keeping the tape horizontal.

B Waist:
Measure around the natural waist line, inline with the navel, keeping the tape horizontal.
- C Hip:**
Measure around the fullest part of your hips, about 20cm below waist line, keeping the tape horizontal.

D Thigh:
Measure around the thigh just below the crotch, keeping the tape horizontal.
- E Inseam:**
Stand against a wall, ask someone else to measure from the crotch to the bottom of your leg.

F Arm Length:
Measure from shoulder (Humerus) to wrist.
- G Height:**
Stand against a wall, ask someone else to measure from the floor to the top of your head, keeping the tape vertical.



CONVERSION GUIDE			PRODUCT SIZE	BODY MEASUREMENT						
EURO SIZE	U.S. SIZE	U.S. PANT SIZE	INTL SIZE	A CHEST (CM)	B WAIST (CM)	C HIP (CM)	D THIGH (CM)	E INSEAM (CM)	F OUTER ARM (CM)	G HEIGHT (CM)
40	30	24	XXS	78- 82	64-68	79-83	48-49	71-72	49-50	150-156
42	32	26	XXS-XS	82-86	68-72	83-87	49-51	72-74	50-52	156-163
44	34	28	XS	86-90	72-76	87-91	51-53	74-76	52-54	163-167
46	36	30	S	90-94	76-80	91-95	53-55	76-78	54-56	167-171
48	38	32	S-M	94-98	80-84	95-99	55-57	78-80	56-58	171-175
50	40	34	M-L	98-102	84-88	99-103	57-59	80-82	58-60	175-179
52	42	36	L	102-106	88-92	103-107	59-61	82-84	60-62	179-183
54	44	38	XL	106-110	92-96	107-111	61-63	84-86	62-64	183-187
56	46	40	XL-XXL	110-114	96-100	111-115	63-65	86-88	64-66	187-191
58	48	42	XXL	114-118	100-104	115-119	65-67	88-90	66-68	191-195
60	50	44	3XL	118-122	104-108	119-123	67-69	88-90	66-68	191-195
62	52	46	3XL-4XL	122-126	108-112	123-127	69-71	90-92	68-70	195-199
64	54	48	4XL	126-130	112-116	127-131	71-73	90-92	68-70	195-199
66	56	50	5XL	130-134	116-120	131-136	73-75	90-92	68-70	195-199
EURO SIZE	U.S. SIZE	U.S. PANT SIZE	INTL SIZE	CHEST (INCHES)	WAIST (INCHES)	HIP (INCHES)	THIGH (INCHES)	INSEAM (INCHES)	OUTER ARM (INCHES)	HEIGHT (INCHES)
40	30	24	XXS	30 ¾ - 32 ¼	25 ¼ - 26 ¾	31 ⅛ - 32 ⅝	19 ⅜ - 19 ⅝	28 - 28 ¾	19 ¼ - 20 ⅛	4'11" - 5'1"
42	32	26	XXS-XS	32 ¼ - 33 ⅞	26 ¾ - 28 ⅜	32 ⅝ - 34 ¼	19 ⅝ - 20 ⅛	28 ¾ - 29 ⅛	20 ⅛ - 20 ¾	5'2" - 5'4"
44	34	28	XS	33 ⅞ - 35 ⅜	28 ⅜ - 29 ⅞	34 ¼ - 35 ⅞	20 ½ - 20 ⅞	29 ½ - 29 ⅞	20 ⅞ - 21 ¼	5'4" - 5'5"
46	36	30	S	35 ⅜ - 37	29 ⅞ - 31 ½	35 ⅞ - 37 ⅜	21 ¼ - 21 ⅝	30 ⅜ - 30 ¾	21 ⅝ - 22	5'6" - 5'7"
48	38	32	S-M	37 - 38 ⅝	31 ½ - 33 ⅛	37 ⅞ - 39	22 - 22 ½	31 ⅛ - 31 ½	22 ½ - 22 ⅞	5'7" - 5'8"
50	40	34	M-L	38 ⅝ - 40 ⅛	33 ⅛ - 34 ⅝	39 - 40 ½	22 ⅞ - 23 ¼	31 ⅞ - 32 ¼	23 ¼ - 23 ⅝	5'9" - 5'10"
52	42	36	L	40 ⅛ - 41 ¾	34 ⅝ - 36 ¼	40 ½ - 42 ⅛	23 ⅝ - 24	32 ⅝ - 33 ⅛	24 - 24 ¾	5'11" - 6'
54	44	38	XL	41 ¾ - 43 ¼	36 ¼ - 37 ¾	42 ⅛ - 43 ¾	24 ⅜ - 24 ¾	33 ½ - 33 ⅞	24 ¾ - 25 ¼	6' - 6'2"
56	46	40	XL-XXL	43 ¼ - 44 ⅞	37 ¾ - 39 ¼	43 ¾ - 45 ¼	25 ¼ - 25 ⅝	34 ¼ - 34 ⅝	25 ⅝ - 26	6'2" - 6'3"
58	48	42	XXL	44 ⅞ - 46 ½	39 ¼ - 41	45 ¼ - 46 ⅞	26 - 26 ⅜	35 - 35 ⅜	26 ⅜ - 26 ¾	6'3" - 6'5"
60	50	44	3XL	46 ½ - 48	41 - 42 ½	46 ⅞ - 48 ⅜	26 ¾ - 27 ⅛	35 - 35 ⅜	26 ⅜ - 26 ¾	6'3" - 6'5"
62	52	46	3XL-4XL	48 - 49 ⅝	42 ½ - 44 ⅛	48 ⅜ - 50	27 ½ - 28	35 ⅞ - 36 ¼	27 ⅛ - 27 ½	6'5" - 6'6"
64	54	48	4XL	49 ⅝ - 51 ⅛	44 ⅛ - 45 ⅝	50 - 51 ⅝	28 ⅜ - 28 ½	35 ⅞ - 36 ¼	27 ⅛ - 27 ½	6'5" - 6'6"
66	56	50	5XL	51 ⅛ - 53 ⅜	45 ⅝ - 47 ¾	51 ⅝ - 54 ⅛	28 ½ - 29 ⅞	35 ⅞ - 36 ¼	27 ⅛ - 27 ½	6'5" - 6'6"